



Super Healthy Kids Meal Plan

March 16-20 GREEN WEEK

	Breakfast	Lunch	Snack	Dinner
Monday	Peanut Butter and Oatmeal	Crunchy Cream Cheese Wrap	Broccoli Hummus	Meatless Pasta Salad
Tuesday	Green Pancakes	Over the Rainbow Sandwich	Fruit Rainbow with Pot of Gold	Crockpot Green Enchiladas
Wednesday	Wheat berry breakfast	Turkey, Pear, and brie Sandwich	Broccoli Trees & Sandy Beaches	Chicken Bites
Thursday	Incredibly Green Smoothie	Sweet Chicken Wrap	Banana Pops	Veggierific Burger
Friday	French Toast and Fruit	Tuna Salad Sandwich	Crazy Cucumbers	Zucchini with Shrimp Pasta

Enjoy our meal plans with your own recipes, or join today to get

- Our healthy recipes that go along with these meals!
- All the nutrition data for all these recipes,
- This shopping list to make these meals
- 28 new healthy recipes each and every week!
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