



NOV 9-12

**MONDAY,  
NOV 9**



Butterfly Waffles



Cheesy Quesadillas  
with Apples & Peas



Apples with Creamy  
Lemon Yogurt Dip



Warm Creamy  
Broccoli Soup

**TUESDAY,  
NOV 10**



My Favorite Oats



Waffle-It Fruit Kabobs



Olive and String  
Cheese Kabob



Meatball Sandwich  
with Simple Green  
Salad

**WEDNESDAY,  
NOV 11**



Hawaiian Breakfast  
Wraps



Lunch in Hawaii



Hawaiian Tuna Bites



Island Fajitas

**THURSDAY,  
NOV 12**



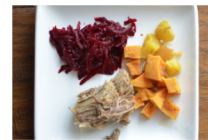
Blueberry Oat  
Smoothie



1/2 Sandwich with  
Wheat Berry Salad



Apple Nachos



Slow-Cooked Pork  
with Beets