

JUNE 20-26

**MONDAY,
JUN 20**



Apple Pie Oatmeal



Lunch Box Taco Salad



Apple Slices with
Laughing Cow Cheese



Crunchy Quinoa Cakes
and Fruit Salad

**TUESDAY,
JUN 21**



Egg McMuffin with
Fruit



Grilled Cheese &
Apple Sandwich with
Peas



Peanut Butter Balls



Turkey Taco Bowls

**WEDNESDAY,
JUN 22**



Peaches and Cream,
Cream of Wheat



Chicken and Apple
Pita



Turkey Roll-Ups



Calzone Hearts

**THURSDAY,
JUN 23**



Banana Citrus
Smoothie



Waldorf Chicken Salad



Crunchy Celery and
Carrot Sticks with
Hummus



Slow Cooker Stuffed
Bell Peppers

**FRIDAY, JUN
24**



Homemade Granola



Tuna Twisters



Cauliflower Popcorn



Almond Crusted
Tilapia

**SATURDAY,
JUN 25**



Banana Bread Muffin



Leftovers!



Zucchini Sticks



Turkey Meatball
Sliders

**SUNDAY,
JUN 26**



Omelet Quesadilla



California Bean
Burgers



Soft Pretzels and
Hummus Dip



Grilled Chicken with
Caramelized Onion
Glaze

FIND MORE RECIPES AT SUPERHEALTHYKIDS.COM

