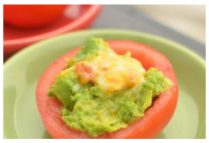
SUPER HEALTHY KIDS

AUGUST 8-11

MONDAY, AUG 8	Whole Wheat Ricotta English Muffin	Pesto Sandwich	Fresh Salsa with Tortilla Chips	Sweet and Sour Pineapple Potstickers
TUESDAY, AUG 9	Speedy Breakfast Burrito	Whole Wheat Penne with Broccoli and Sausage	Cucumbers and Hummus	Chicken Curry
WEDNESDAY, AUG 10	Chocolate Chip Cookie Oatmeal	Salad in a Jar	 Guacamole Tomato Boats	Sweet and Tangy Meatballs over Rice
THURSDAY, AUG 11	Banana Spice Smoothie	Cobb Salad Wrap	Bell Peppers and Goat Cheese	Slow Cooker Zesty Chicken and Rice