



SUPER HEALTHY KIDS MENU

April 11-15th Breakfast Week

	Breakfast	Lunch	Snack	Dinner
Monday	Cinnamon Apple Stuffed French Toast	Cold tortellini salad with olives and peppers	Love Grown Granola with Greek yogurt and berries**	Roasted Turkey Stew
Tuesday	Fiesta Eggs and Potatoes	Peanut butter and homemade jelly on English muffin with apples	Fairy Cakes	Turkey Salad (with sliced strawberries, nuts, and poppyseed dressing)
Wednesday	Light and Healthy Quiche	Cold Burritos with mashed pinto beans and vegetables	Salsa and pita chips	Turkey Pot Pie
Thursday	Blueberry Banana Pancakes	Turkey wrap with avocado and cranberries	Hard boiled Easter Eggs with sliced carrots	Angels Pasta
Friday	Leftover Rice Waffles (interesting..)	Egg Salad Sandwiches (with our Easter Eggs)	Crackers with cottage cheese and strawberries	Mini Shepherds Pie

[Super Healthy Kids](#) is a website dedicated to providing you all the tools you need to feed your family **healthier food**, even when you are **in a hurry!**

We have [over 60 meal plans](#) in our archives.

We also have [our 30 day meal plan](#) which is complete with everything you need to have a healthy meal on the table tonight!