

## Super Healthy Kids Meal Plan

December 3-7

	Breakfast	Lunch	Snacks	Dinner
<b>Monday</b>	Melted Cheese Toast; Peaches	Ham and Cheese Pinwheels; Green Peas and Pear Slices	Edamame Swirls	Crockpot Fiesta Taco Salad
<b>Tuesday</b>	Boiled Eggs; Slushy Fruit Delight	Mini Pizza Bagels; Celery and Cinnamon Apples	Roasted Veggie Kabobs	Classic Crockpot Vegetarian Chili; Sweet Cornbread
<b>Wednesday</b>	Creamy Pear Almond Oatmeal	Loaded Chopped Salad; Clementine	Nut n' Honey Apple Bites	Parmesan Chicken Tenders; Herb Roasted Carrots; Pears
<b>Thursday</b>	PB & J Crunch; Orange Slices	Southwestern Turkey Wrap; Apple Slices	Crazy Cucumbers	Creamy Tomato Basil Soup in the Slow Cooker; Roasted Broccoli
<b>Friday</b>	Yogurt Banana Splits	Leftover Soup	Pineapple Stackers	Personal Pizza Bar; Fruit Salad

Enjoy our meal plans with your own recipes, or join today to get

- Our healthy recipes that go along with these meals!
- All the nutrition data for all these recipes,
- This shopping list to make these meals
- 28 new healthy recipes each and every week!
- Get it today with our [7 Day Free Trial](#)

