

	Breakfast	Lunch	Snack	Dinner
Monday	Blueberry Coconut Breakfast Cookie	Cheesy Pepper Sandwich	Peanut Butter Balls	Mexican Egg Rolls
Tuesday	Egg and Pesto Sandwich	Turkey Sami	Peas and Carrot Sandwich	Baked Dijon Salmon
Wednesday	Strawberry Banana Chia Steel Cut Oats	Edamame Egg Salad	Cheddar Apple Crackers	Roasted Tomato Pesto Pasta
Thursday	Healthy Chocolate Milkshake	Strawberry Arugula Salad	Salsa Verde	Crockpot French Onion Sandwiches
Friday	Mini French Toast Casseroles	Chickpea and Avocado Sandwich	Frozen Greek Yogurt Pie	Coconut Chicken Fingers

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