

	Breakfast	Lunch	Snack	Dinner
Monday	Blueberry Ricotta Pancakes	Apple Turkey Pita Lunch	Frozen Pineapple on a Stick	Green Pea Penne
Tuesday	Dr. Seuss Eggs	Pepperoni Pasta Salad	Zucchini Chips	Fried Rice and Chicken
Wednesday	Chocolate Banana Oatmeal	Cranberry Turkey Sandwich	Oat Cookies	Fabulous Fish Sticks and Green Salad
Thursday	Basic Green Smoothie	PB Pretzels and Veggies	Turkey Roll-ups and Pepper Sticks	Homemade Grilled Pizza
Friday	Strawberry Bagel	Couscous Salad With Broccoli	Strawberries and Yogurt	Turkey Burger on Greens

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