

	Breakfast	Lunch	Snack	Dinner
Monday	Banana Sushi	Sticky Stacky Sandwiches	Watermelon Star Pops	Sweet Potato Stuffed Shells
Tuesday	Buckwheat Pancakes	Broccoli Grape Pasta Salad	Spicy Buffalo Cauliflower	Mexican Pizza
Wednesday	Strawberry Oatmeal	Raspberry Walnut Salad	White Bean Salad	Hawaiian Haystacks
Thursday	Strawberry Kale Smoothie	Egg Salad Sandwich	Bell Peppers and Goat Cheese	Crockpot Sweet and Sour Tofu
Friday	Whole Grain Cereal	Hummus and Veggie Sandwich with Crackers	Apple Slices and Laughing Cow Cheese	Almond Crusted Tilapia

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