

	Breakfast	Lunch	Snack	Dinner
Monday	Veggie English Muffin	Pocket Full of Veggies	Nutty Apples	Teenage Mutant Ninja Pasta
Tuesday	Cereal-Yogurt-Granola-Fruit Morning	Lightning-Fast English Muffin	Sweet Potato Hummus	Fake Baked Ziti
Wednesday	Blueberry Triangles	Oodles of Noodles Salad	Apple Rounds	Slow cooked Fiesta Chicken
Thursday	Still Summer! Smoothie	Green, Green Turkey Salad	Flying Saucers	Chinese Beef and Broccoli
Friday	Lemon-berry Morning	Take a Dip Lunch	Buenos Apple Nachos	Leftovers!

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