

Meal Plan March 31-April 4

	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>	<b>Dinner</b>
Monday	Banana Blue Cereal	Veggie-Veggie Wraps	Monday Veggie Munchies	Cauli-Mac and Cheese
Tuesday	Toasty- Egg Tuesday	Mac's Tuna Mac	Tuesday Yogurt Toodlers	Beef O'Rice Beefy
Wednesday	Bagel and Cream	O'Beef Pita	Wacky Wed. Pepper Fruit Bowl	Chicken Parmesan and Veggies
Thursday	Pink Smoothie with Toast	Veggie Wraps	Thirsty Thurs. Cucumber Shake	Puffy Stuffed Peppers
Friday	French Nut Toast	Raisin Bagel with Peanut Butter and Banana	Fruit Salad Friday	Farro-Licious Fish

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- Our healthy recipes that go along with these meals!
- All the nutrition data for all these recipes,
- This shopping list to make these meals
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