

Meal Plan May 26-30

	Breakfast	Lunch	Snack	Dinner
Monday	Blueberry Nutter Breakfast Sandwich	Whole Grain Sandwich Roll with Watermelon	Turkey & Pepper Poppers	Ricotta Pasta
Tuesday	Egg dips with Toast and Fruit	Pasta Primavera	Fruit & Cheese Cubes	Oven Toasted Fajitas
Wednesday	Blueberries and Steel Cut Oats	It's all Greek To Me Salad	Oat Cookies	Slow Cooked Italian Dinner
Thursday	Berry Blastoff Smoothie	Wrap It Up Chicken	Power Peanut Yogurt	Late Spring Soup
Friday	Wheatberries and Honeydew	Pack It Pita Pizza	Honeydew & Apples	Peanut shrimp and Pasta

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